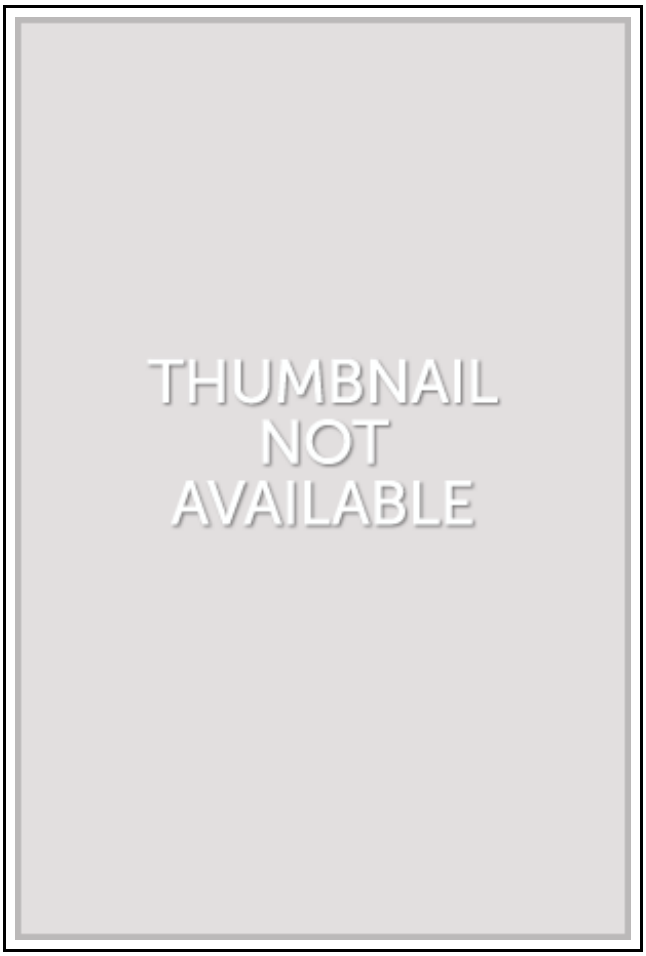
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Booksurge Publishing, United States, 2010. Paperback. Book Condition: New. 251 x 201 mm. Language: English . Brand New Book ***** Print on Demand *****.In My Aspartame Experiment: Report from a Private Citizen, author Victoria Inness-Brown recounts her controversial 2-1/2 year study of the effects of the artificial sweetener aspartame. Found in packets of NutraSweet or Equal, the sweetener is ingested by an estimated 200 million people and found in over 6,000 consumables, including sodas, candies, coffees, pharmaceuticals, vitamins, and dairy products. Though approved by the FDA, Inness-Brown claims the approval was based on studies cut off before the true effects of the additive could be seen. In addition, human studies use aspartame in capsules, which is not assimilated as fully as its liquid form, thereby minimizing adverse effects. Concerned about the health of family members addicted to diet soda, Inness-Brown raised 108 rats, giving 60 NutraSweet-laced water for 2 1/2 years. As her rats on aspartame began manifesting tumors, paralysis, infected and bleeding eyes, and obesity, Inness-Brown made digital videos of the results, culminating in a disturbing visual record of the dangers of the additive. When leaked on the net in 2008, her findings became a hot news topic on popular blogs. Carefully researched, laced with photos and quotes from aspartame sufferers, scientists, and doctors, her book shows that a citizen can go up against a drug conglomerate and provide the public with important new information about a dangerous substance. Not since Rachel Carson s Silent Spring, has a book held such potential for social change. Her analysis of the environment she provided her rats brings up frightening issues about pesticides, herbicides, genetically modified foods, animal products, water and air quality. She believes that we are the rats of the companies that liberally spread their synthetic chemicals worldwide. No one...

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