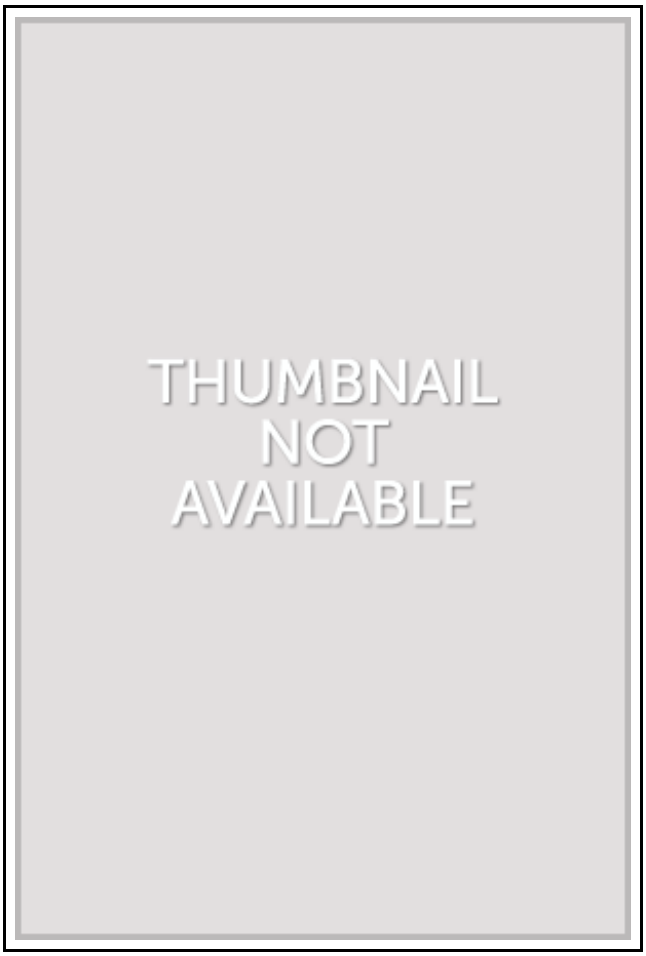
Power of No: Because One Little Word Can Bring Health, Abundance and Happiness



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Reviews

A high quality book and also the typeface utilized was exciting to read. This really is for anyone who statte there was not a worthy of reading. I am easily will get a enjoyment of reading a written ebook.
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POWER OF NO: BECAUSE ONE LITTLE WORD CAN BRING HEALTH, ABUNDANCE AND HAPPINESS

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Hay House Inc. Paperback. Book Condition: new. BRAND NEW, Power of No: Because One Little Word Can Bring Health, Abundance and Happiness, James; Altucher, Claudia Azula Altucher, How many times have you heard yourself saying yes to the wrong things - overwhelming requests, bad relationships, time-consuming obligations? How often have you wished you could summon the power to turn them down? This lively, practical guide helps you take back that power - and shows that a well-placed 'No' can not only save you time and trouble, it can save your life. Drawing on their own stories as well as feedback from their readers and students, James Altucher and Claudia Azula Altucher clearly show that you have the right to say no: To anything that is hurting you. To standards that no longer serve you. To people who drain you of your creativity and expression. To beliefs that are not true to the real you. When you do, you'll be freed to say a truly powerful 'Yes' in your life - one that opens the door to opportunities, abundance and love. 'Filled with magic that can change your life.' Cheryl Richardson, author of The Art of Extreme Self-Care 'Your freedom may be closer than you think .I'm so grateful for this book, and I know you will be, too.' Kris Carr, New York Times best-selling author of Crazy Sexy Kitchen.

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