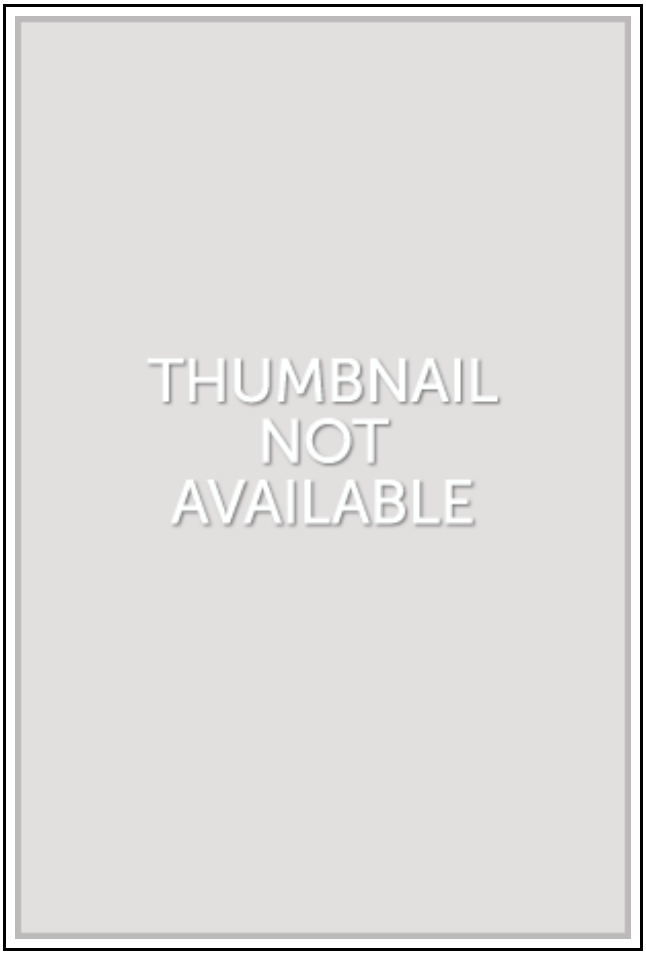
# The Fundamentals of Position Golf




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# THE FUNDAMENTALS OF POSITION GOLF

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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 104 pages. Dimensions: 9.0in. x 6.0in. x 0.2in.The Fundamentals of Position Golf is an original idea and approach to the game of golf. The correct body positions within the swing will be explained at every phase of the golf swing. If the set up position is correct it is more conducive for an ideal backswing. If the backswing is initiated correctly then you will create a more successful downswing. If the downswing is correctly executed you will have a better shot result. Each phase of the swing must be understood in order to make great contact to the ball at impact. You will begin to understand the golf swing through analogies, drills and imagery. I will make visualizing what you read crystal clear. I will go beyond the golf swing. You will learn about the mental aspect of the game and how to manage the golf course. Through correct shot making and thinking, you will become a better short game player and will learn about the best forms of practice. The most difficult shots, common errors and mishits, care and prevention of golf injuries and kinesiology of the golf swing (strengthening the muscles used in the golf swing) will also be studied. I have been an instructor and coach for over forty five years. The swing is very important, but I want you to learn more than the swing because to be a better golfer there is more to the game of golf than just the swing. I want you to become a student of the game and fully understand the game of golf. I would like to share with you what I have found to be successful in my teachings to other golfers in...

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