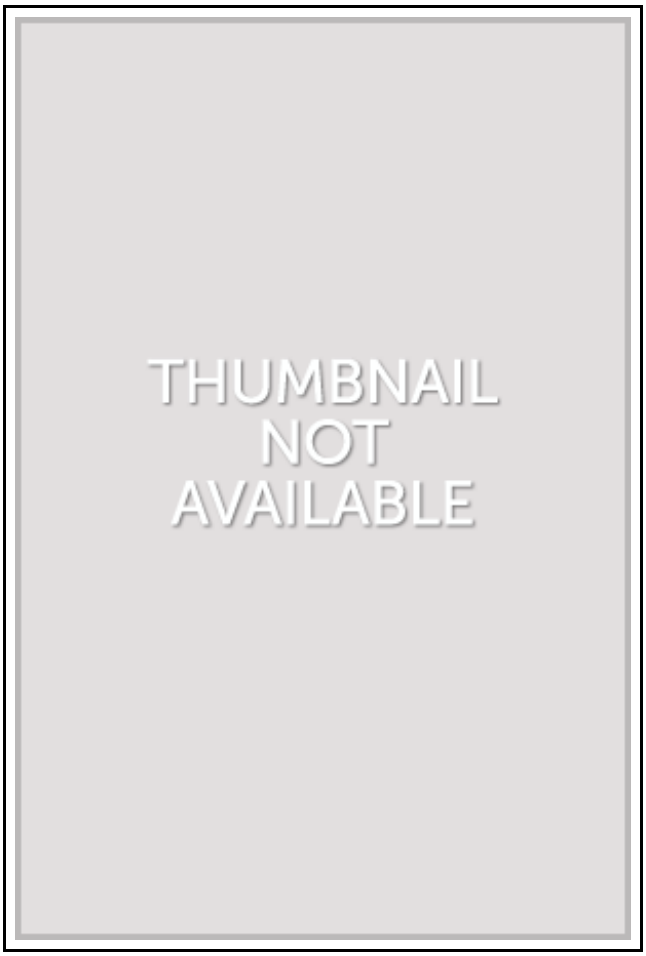
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Ronae Jull, United States, 2012. Paperback. Book Condition: New. 224 x 148 mm. Language: English . Brand New Book ***** Print on Demand *****.Feeling overwhelmed with your old issues cropping up the older your children grow? Horrified at hearing your mom s (or dad s) voice coming out of your mouth? Finding yourself getting frustrated with your kids and not understanding why your reaction seems to be over-the-top compared to their behavior? Wonder how other parents seem to know what to do while you re constantly floundering? If you re a parent who was abused as a child, these statements may describe you. Parenting is tough under the best of circumstances. But when the modeling you received was dysfunctional, you re behind before you begin. If you were abused physically, sexually, emotionally, or spiritually, you re handicapped in ways you try hard not to think about. You find yourself just surviving, and letting go of all those grand dreams you used to have of doing a much better job with your kids than your parents did with you. There is HOPE! In A Bigger Bandaid: Hope for parents abused as children, I talk about what its like to be a parent who was abused as a child, the reasons why abuse in all its forms is passed down from generation to generation, and how you can break that cycle starting now. This book is drawn from 25 years of personal recovery, and 20+ years of working with wounded women and men who had been victims of child abuse and wanted desperately to create a better life for their children. Here you will be give tools to learn: How your wounded heart can find healing. What you can do right now to begin breaking the cycle of abuse in your family....

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