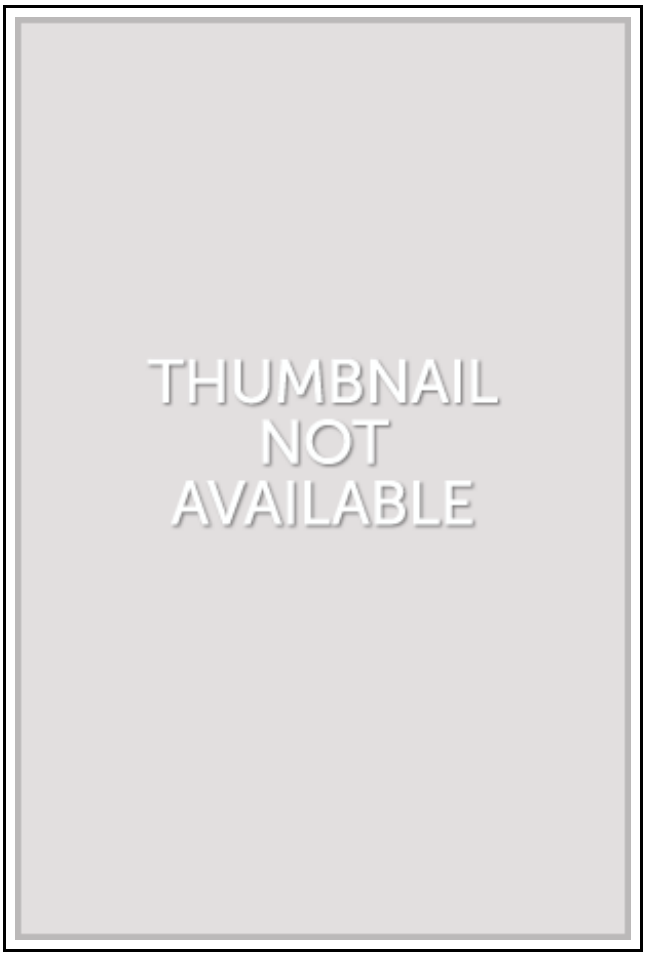
You are This: Awakening to the Living Presence of Your Soul



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Reviews

Extremely helpful for all class of people. It is probably the most incredible ebook i actually have go through. I discovered this publication from my dad and i recommended this ebook to discover.
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John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, You are This: Awakening to the Living Presence of Your Soul, J. M. Harrison, Discover the mystery of how one seemingly insignificant little word can transform your life and change the world. YOU are THIS shares the author's contemporary philosophy of One-duality wherein the phenomenal world is recognised as real, and the Non-dual direct experience of Awareness is realised to be the catalyst for actualising the presence of your Authentic Soul. We cannot 'remember' Awareness, because the true Non-dual experience takes place outside of time and space. It is not recalled through memory, simply realised to be the ever-present sweet perfume of Life. Following the Non-dual direct experience, a 'grounding' takes place because you are bringing THIS which was uncovered beyond the physical senses, back into the comprehension of those same senses, the Being into the consciousness of the Human, and the formless into form. In this way, Awareness is seen and felt to permeate all dimensions of being without negation of any aspect of who or what we are.

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