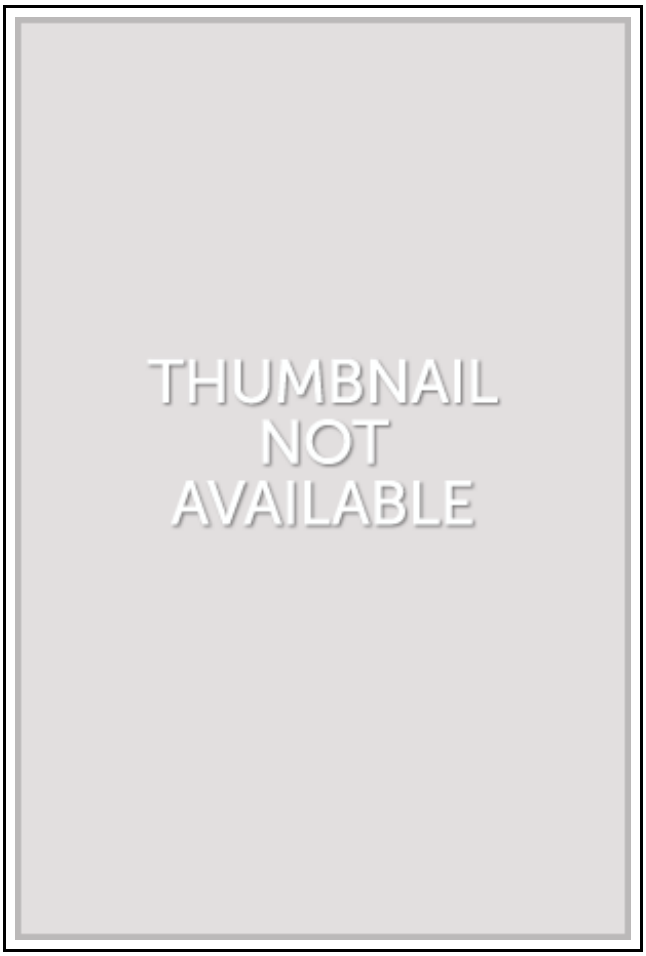
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Microcosm Publishing, United States, 2011. Paperback. Book Condition: New. 173 x 102 mm. Language: English . Brand New Book. Let us not understate the might and magic of Joshua Ploeg s cooking. The dude s meals sparkle in your mouth; they burst and bloom; they explode and breakdance and pirouette! Joshua s the traveling vegan chef and he is--as we speak, no less!--touring the world making insane-in-the-membrane multi-course DIY meals at shows and dinner parties. (You can book him right here! /) A wonderful follow-up to his third cookbook, In Search of the Lost Taste, this brand-new zine is Joshua s take on raw food and it is lllllllong awaited. Revel in the majesty of easy and cheap recipes like his Mushroom-Pear Salad with Five Spice. Give yourself a massive high five after fixin up his pho (which is pho-king great!). Go bananas with his green curry, his incredible Shitakesbury Steak, his OMG-worthy raw Shepherd s Pie! Want some more? There s more, much more: 28 slammin pages with tips on all-things raw, raw-related articles, and awesome-a-licious recipes like Garlic-Sunflower Pate, Cashew Sour Cream, Melon Gazpacho, and Gumbo! The raw diet does not have to mean a pile of wilted lettuce with lime squeezed over it or a handful of stinkin peanuts! The raw diet can be a party!.

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