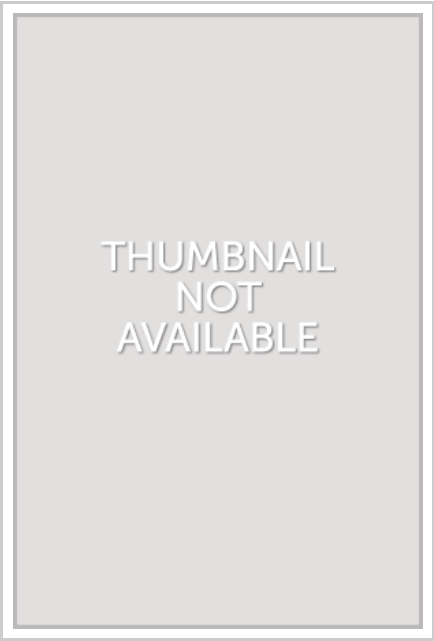


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The Joy of Depression (Paperback)

By Laura Sleep

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Everyone seems to have an opinion on how Tess should be living her life. Despite her protests that she is absolutely fine it would seem that everyone else knows better than her. She is quite content to let them think that and carry on in her own way. However with the announcement of her friend Tilly s wedding, her friend and workmate, Nina s promotion (and subsequent move to New York) and her sister s third pregnancy she begins to think that maybe her job working for a lunatic could do with a revamp and although being single is fine for now, she needs to get a move on to ensure she s not dying alone. Unfortunately as she pulls her life in to shape; gains a boyfriend and more responsibility at work, it seems her friends and family choose that moment to pull the self destruct chords on their own lives. Tess life spirals out of control and culminates in a very public and embarrassing breakdown and she is forced to take control. Whilst trying to understand...

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