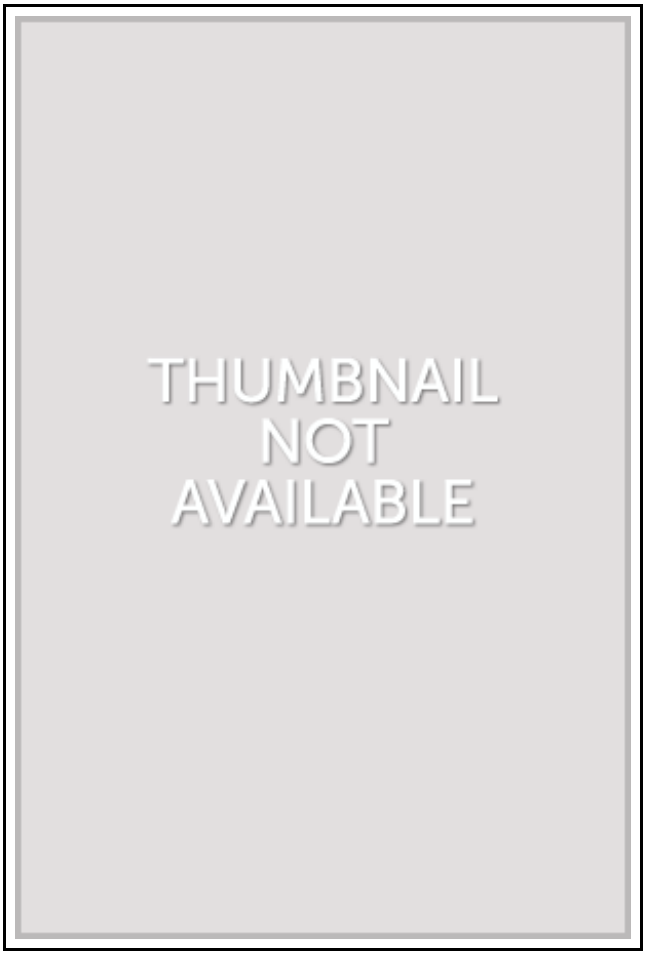
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Regan Arts, United States, 2016. Paperback. Book Condition: New. 152 x 114 mm. Language: English . Brand New Book. A revelatory short memoir from the bestselling author of A Tale for the Time Being and ZenBuddhist priest Ruth Ozeki about how her face has shaped and been shaped by her life. What did your face look like before your parents were born? In The Face: A Time Code, bestselling author and Zen Buddhist priest Ruth Ozeki recounts, in moment-to-moment detail, aprofound encounter with memory and the mirror. According to ancient Zen tradition, your facebefore your parents were born is your original face. Who are you? What is your true self? Whatis your identity before or beyond the dualistic distinctions, like father/mother and good/evil, thatcome to define us? With these questions in mind, Ozeki challenges herself to spend three hours gazing into herown reflection, recording her thoughts, and noticing every possible detail. Those solitary hoursopen up a lifetime s worth of meditations on race, aging, family, death, the body, self doubt, and, finally, acceptance. In this lyrical short memoir, Ozeki calls on her experience of growing up inthe wake of World War II as a half-Japanese, half-Caucasian American; of having a public faceas an author; of studying the intricate art of the Japanese Noh mask; of being ordained as a ZenBuddhist priest; and of her own and her parents aging, to paint a rich, intimate and utterlyunique portrait of a life as told through a face.

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